

# E-BOOK

# GLOSARIO

## ALINEACIONES, CORTES Y BLOQUEOS

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## INTRODUCCIÓN

### Glosario de Alineaciones, Cortes y Bloqueos

El baloncesto moderno es un deporte en constante evolución, donde la comprensión táctica y la correcta ejecución de movimientos son esenciales para el éxito. Este glosario tiene como objetivo ofrecer una guía clara y concisa sobre las alineaciones, cortes y bloqueos, elementos clave que permiten una mayor fluidez y efectividad en el juego.

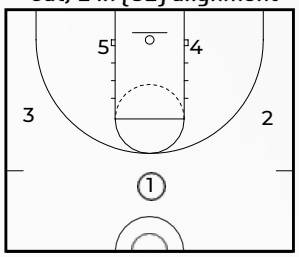
Cada concepto aquí descrito es fundamental para mejorar la lectura del juego y la toma de decisiones, tanto para entrenadores como para jugadores. La correcta aplicación de estos principios no solo potencia el rendimiento individual, sino que también eleva la cohesión y la eficiencia del equipo en su conjunto.

Este glosario te ayudará a familiarizarte con las estrategias más utilizadas en el baloncesto, y a comprender cómo estos movimientos pueden aplicarse en diversas situaciones de juego.

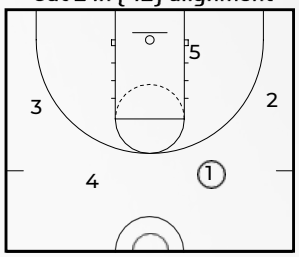


## ALINEACIONES (ALIGNMENTS)

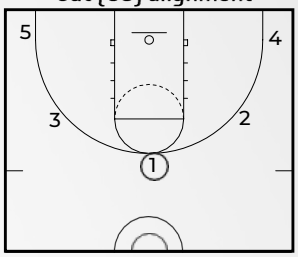
3 out, 2 in (32) alignment



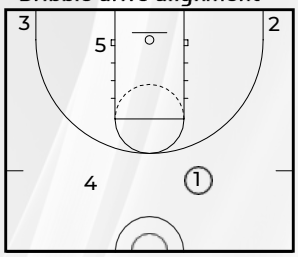

4 out 1 in (41) alignment



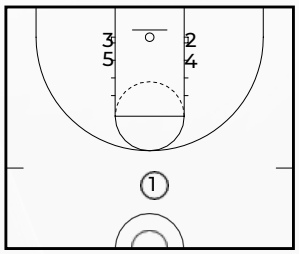

5 out (50) alignment



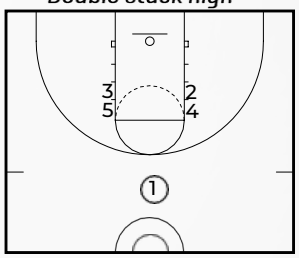

Dribble drive alignment



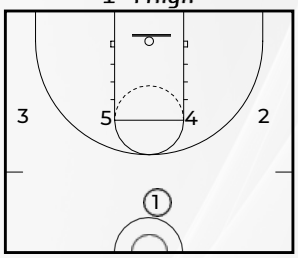

Double stack low



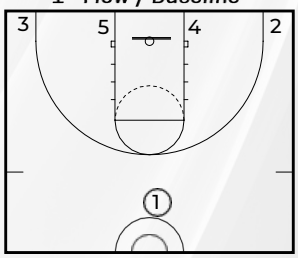

Double stack high



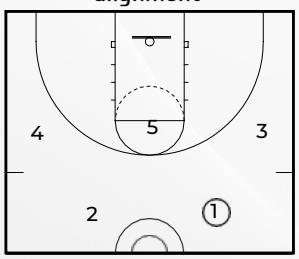

1-4 High



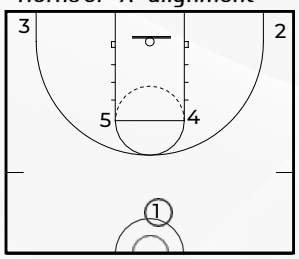

1-4 low / Baseline



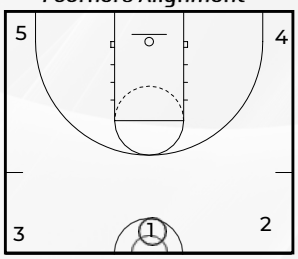

Princeton / Chin alignment



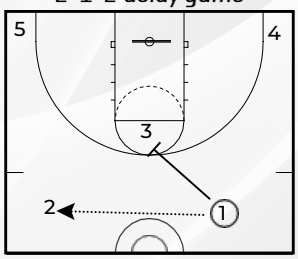

Horns or "A" alignment



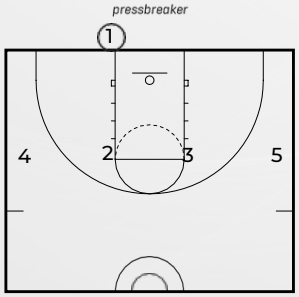

4 corners Alignment



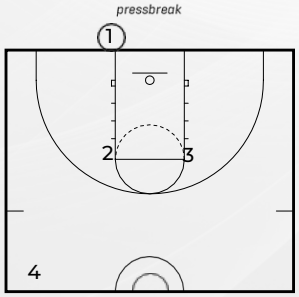

2-1-2 delay game



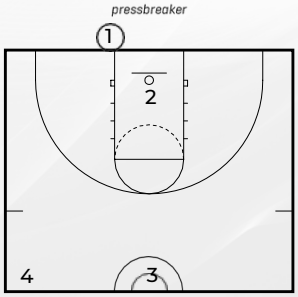

4 across alignment



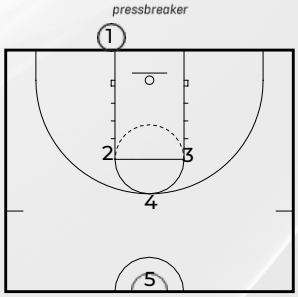

1-2-2 alignment




1-3 alignment

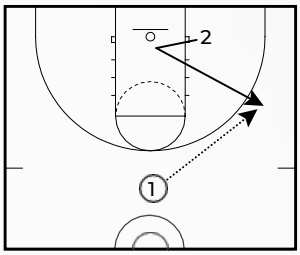



diamond alignment

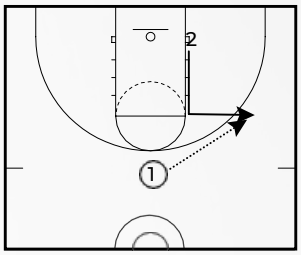


## CORTES (CUTS)

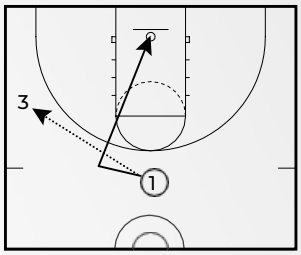
V-cut



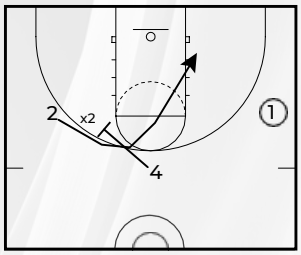

L-Cut



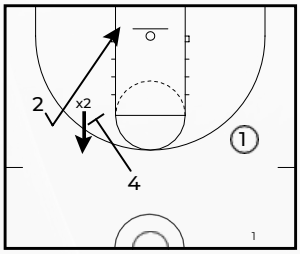

Basket cut



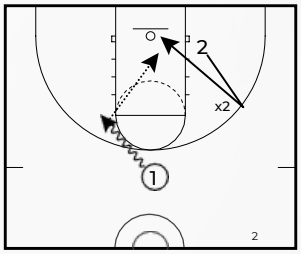

Curl cut



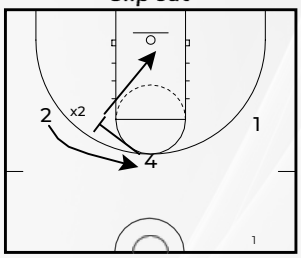

Backdoor cut



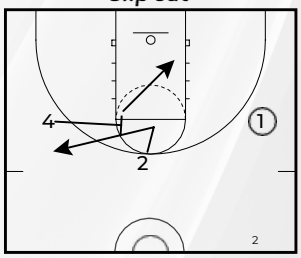

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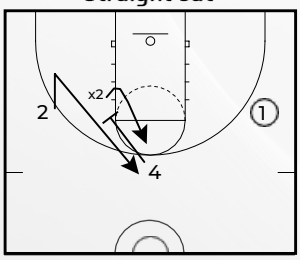

Slip cut



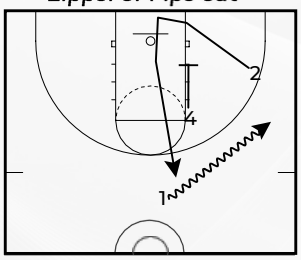

Slip cut



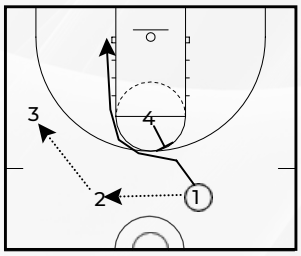

Straight cut



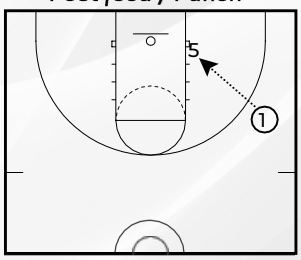

Zipper or Pipe cut



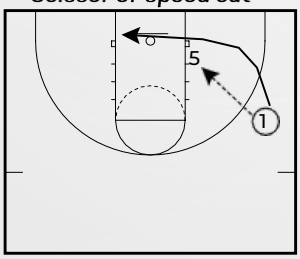

Shuffle cut – Princeton -chin cut



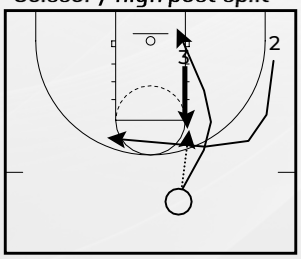

Post feed / Punch



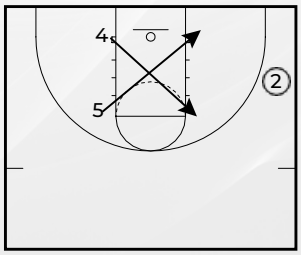

Scissor or speed cut



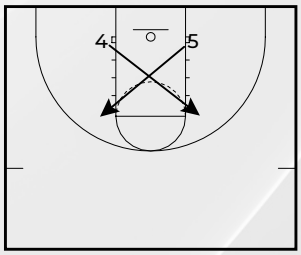

Scissor / high post split




X - Cut

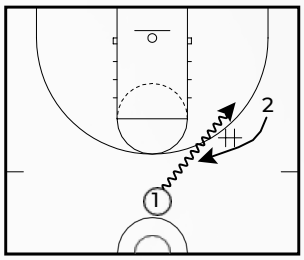



X - Cut

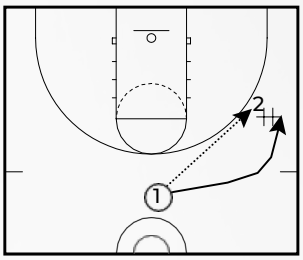


## CORTES (CUTS)

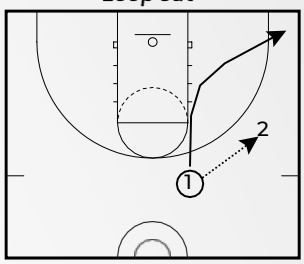
Dribble Handoff (DHO)



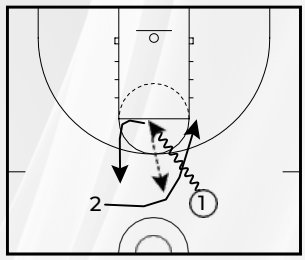

Handback



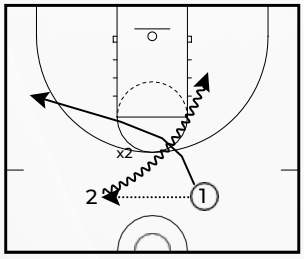

Loop cut



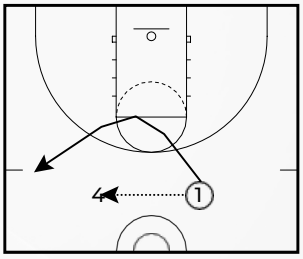

Pitch



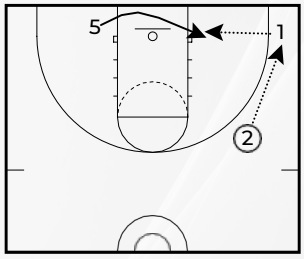

Brush Screen



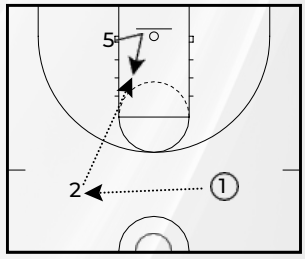

Shallow cut




Kick

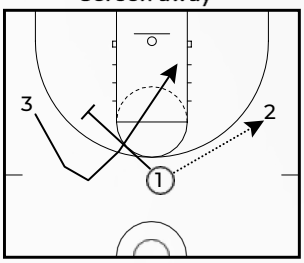



Duck In

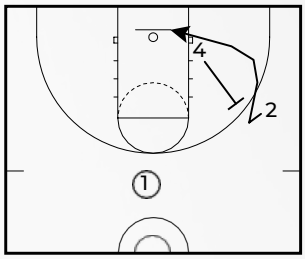


## BLOQUEOS (SCREENS)

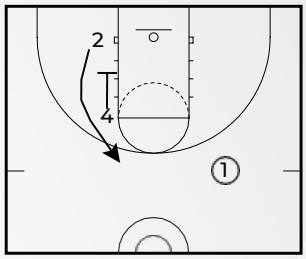
Screen away



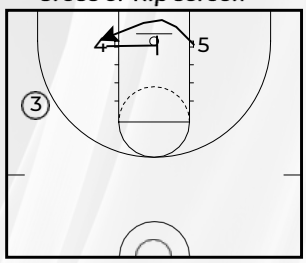

Back screen



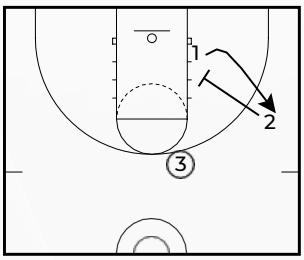

Down screen



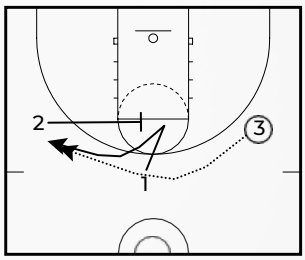

Cross or Rip screen



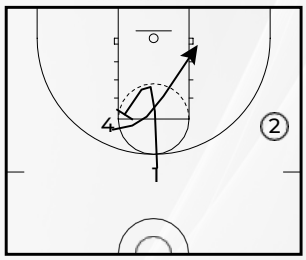

Pindown



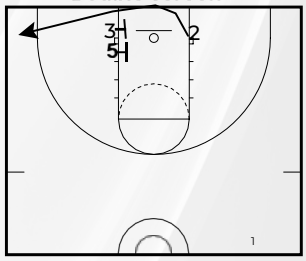

Flare Screens



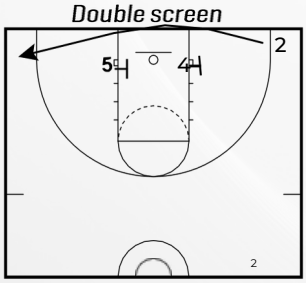

Butt Screen



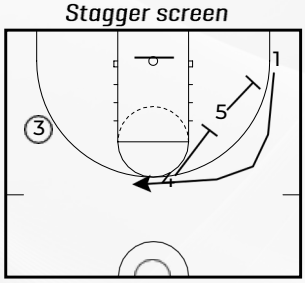

Double screen



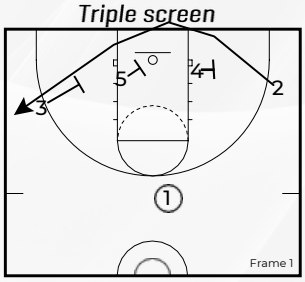

Double screen



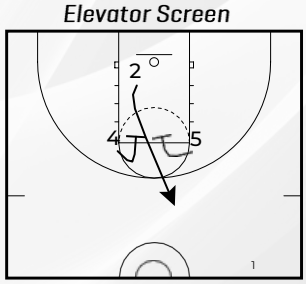

Stagger screen



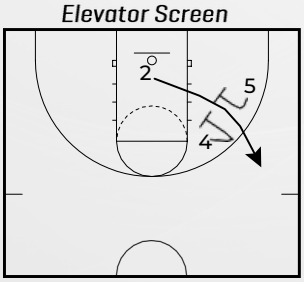

Triple screen



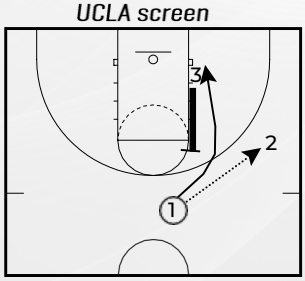

Elevator Screen



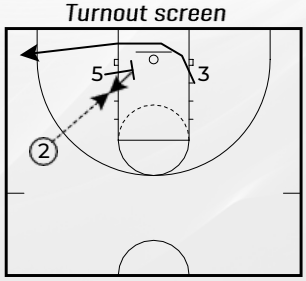

Elevator Screen




UCLA screen

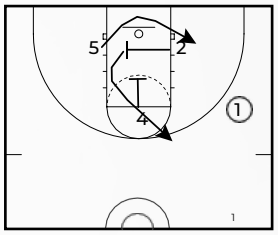



Turnout screen

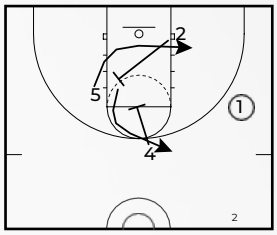


## ACCIONES DE BLOQUEOS (SCREENING ACTIONS)

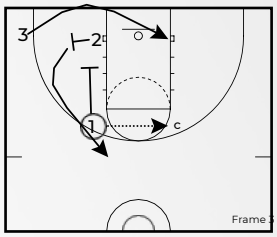
"Rice" or Screen the Screener STS



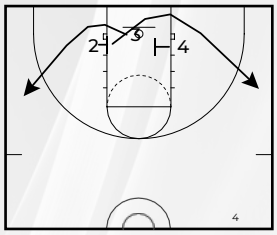
"Rice" or Screen the Screener STS



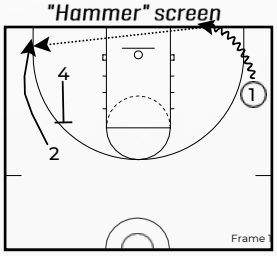
"Rice" or Screen the Screener STS



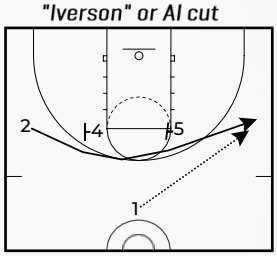
"Rice" or Screen the Screener STS



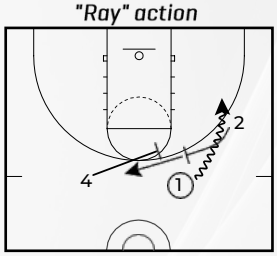
"Hammer" screen



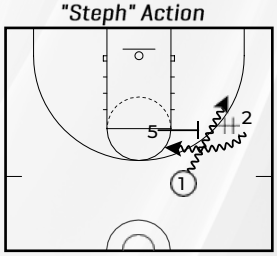
"Iverson" or AI cut



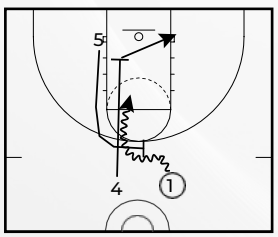
"Ray" action



"Steph" Action

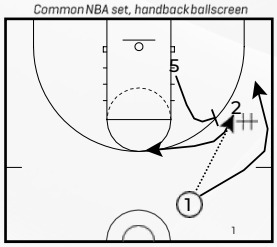


"RAM" Ballscreen



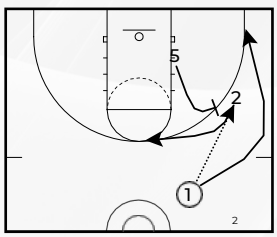
"Pistol" action

Common NBA set, handback ballscreen



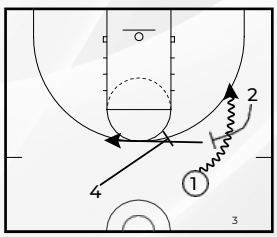
"Pistol" action

Common NBA set, handback ballscreen



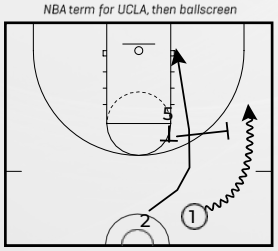
"Pistol" action

Common NBA set, handback ballscreen

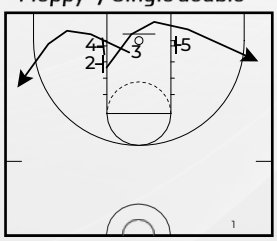


"Hawk" action

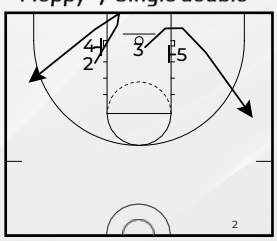
NBA term for UCLA, then ballscreen



"Floppy" / Single double

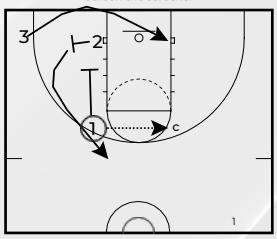


"Floppy" / Single double



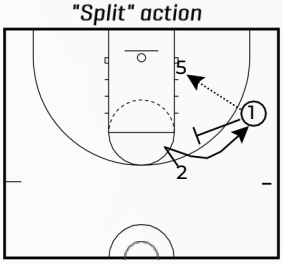
Flex cut

screen the screener



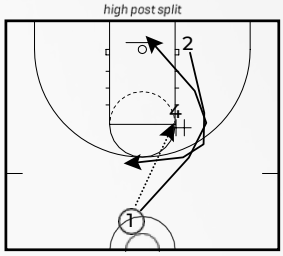
## ACCIONES DE BLOQUEOS (SCREENING ACTIONS)

"Split" action

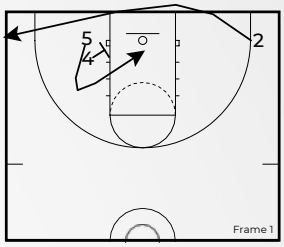



"Scissor" action

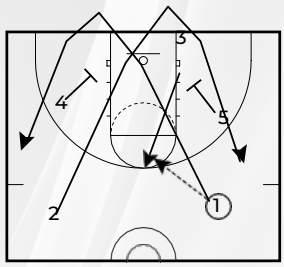
high post split



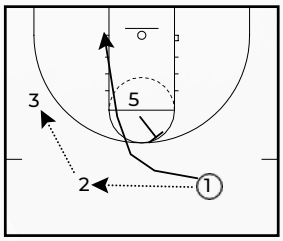

"Buckeye" action



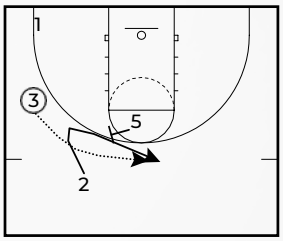

"chest" action




"chin" action

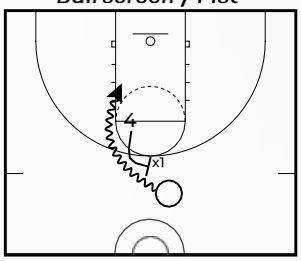



"chin" action

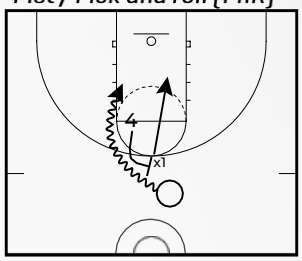


## CORTINAS AL BALÓN (BALL SCREENS)

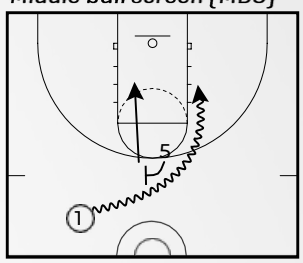
Ball screen / Fist



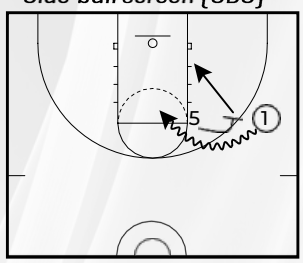

Fist / Pick and roll (PnR)



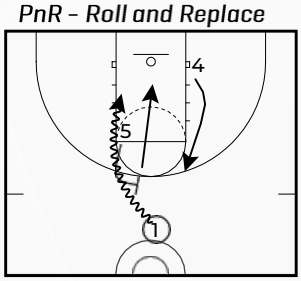

Middle ball screen (MBS)



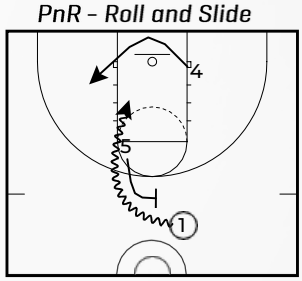

Side ball screen (SBS)



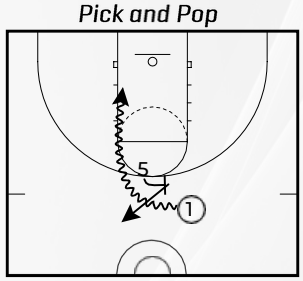

PnR - Roll and Replace



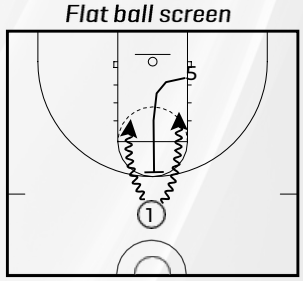

PnR - Roll and Slide



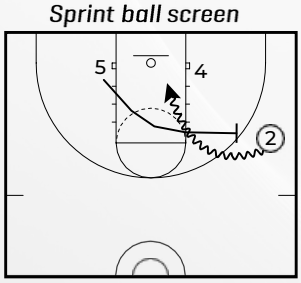

Pick and Pop



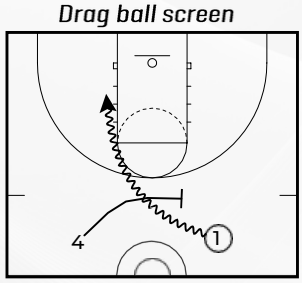

Flat ball screen



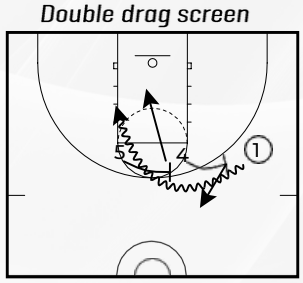

Sprint ball screen



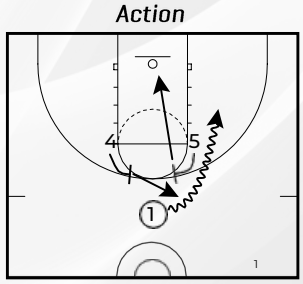

Drag ball screen



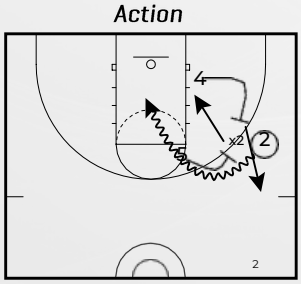

Double drag screen



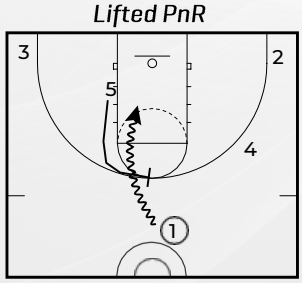

Elbow PNR or Horns Action



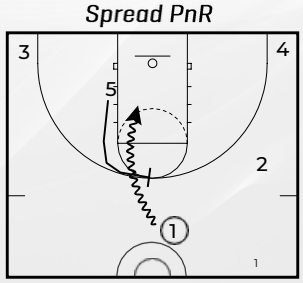

Elbow PNR or Horns Action



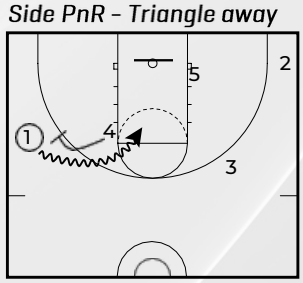

Lifted PnR




Spread PnR

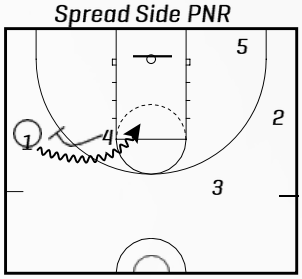



Side PnR - Triangle away

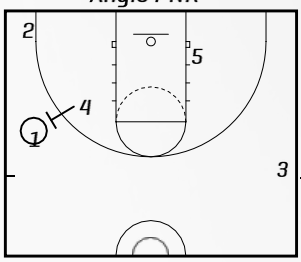


## CORTINAS AL BALÓN (BALL SCREENS)

Spread Side PNR



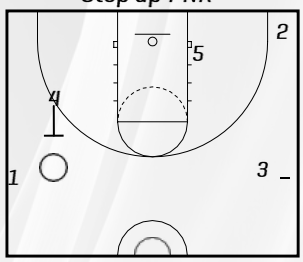

Angle PNR



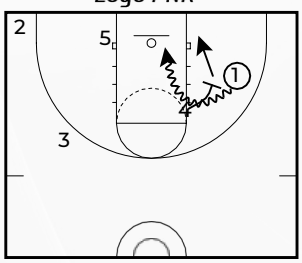

Angle Clear PNR



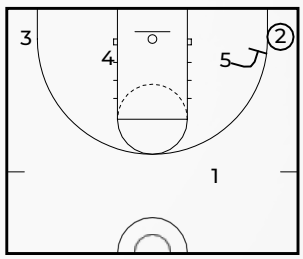

Step up PNR



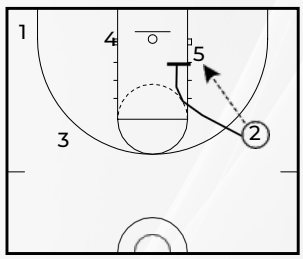

Logo PNR




Corner PNR




Brush PNR




"RAM" Ballscreen

